

# AIHREA



AMERICAN INDIAN HEALTH RESEARCH & EDUCATION ALLIANCE

*Native Health in the Heartland*

NEWSLETTER SPRING 2015

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# 9th Annual AIHREA Our Nations Energies (ONE) Powwow a Huge Success!

This year's 9th annual powwow was another great turnout and provided an awesome experience for all who attended! Dancers and singers representing many tribal nations from all over the U.S. and Canada provided a spectacular display of songs and dancing throughout the weekend. The health screening clinic was a huge success receiving high praise and positive feedback from powwow participants, Native community members, and the general public. The AIHREA concessions were also able to raise money which will benefit our scholarship and educational programs. The powwow continues to attract greater numbers of champion dancers and singers from the powwow circuit and the

screening clinic is gaining more popularity reaching more people. AIHREA staff and volunteers were extremely busy over the weekend and look forward to an even greater event next year. We have listed below the winners from the AIHREA ONE Powwow 2015!



# 9th Annual AIHREA Our Nations Energies (ONE) Powwow (continued)

## Women's Golden Age

1. Annamae Pushetonequa
2. Charlene Cozad
3. Dolores Goodeagle
4. Bernadine Stewart

## Women's Buckskin

1. Toni Tsatoke-Mule
2. Randi Bird
3. Jamie Jon Whiteshirt
4. Kelly Walker

## Men's Traditional

1. Reuben Crow Feather Jr.
2. Tony Wahweotten
3. Austin Benton
4. Darrel Frank

## Men's Fancy

1. Spike Draper
2. Canku One Star
3. Marquel Crawford
4. Davey Madera

## Jr. Girls Fancy/Jingle

1. Eahtosh Bird
2. Thomasina Goodeagle
3. Mataya Spoonhunter
4. Maura Frank

## Men's Golden Age

1. Terry Tsothigh
2. Terry Fiddler
3. Tim Robinson Sr.
4. Chet Eagleman

## Women's Jingle

1. Grace Pushetonequa
2. Yvette Goodeagle
3. Mallary Oaks
4. Ryanne White

## Men's Straight

1. Anthony Monoessy
2. Juaquin Hamilton
3. Joe Pratt
4. Everett Moore

## Men's Chicken

1. Peanutt Roberts
2. CC Whitewolf
3. Orlando Begay
4. Justis WolfLeader

## Jr. Boys Traditional/Straight

1. Brycen Whiteshirt
2. Kealan Hamilton
3. Max Frank
4. Hector Ramirez

## Women's Cloth

1. Amanda Harris
2. Dyanni Hamilton
3. Brittany Pelkey
4. Arianna Green Crow

## Women's Fancy

1. Bobbie Lynn Frederick
2. Laryn Oakes
3. Shelby Williams
4. Sabrina Pourier

## Men's Grass

1. Trae Little Sky
2. Freddy Gipp
3. Johnnie Johnson
4. Colton Tohannie

## Jr. Girls Buckskin/Cloth

1. Sonja Delgado
2. Aislan Levier-Jessepe
3. Rayanna Bird
4. Alyssa Levier

## Jr. Boys Grass/Fancy

1. Shou Warrington
2. Darius Frisby
3. Payton Roberts
4. Tyrone Green



Dr. Ed Ellerbeck from the University of Kansas Medical Center meets with a community member as a part of the AIHREA Screening Clinic.

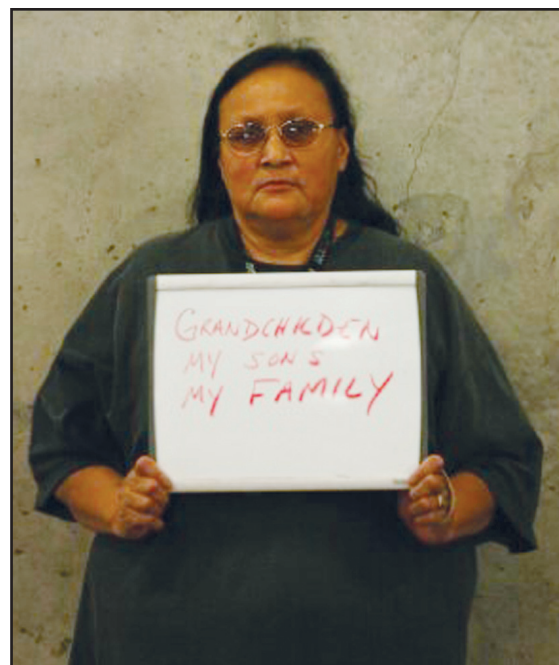
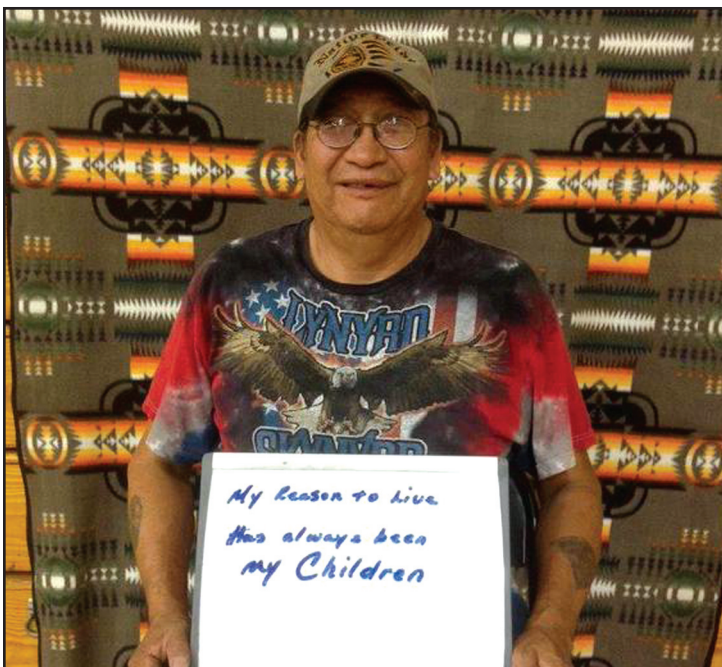
# Check Out AIHREA on Social Media



Engaging with the American Indian community is the most important thing we do at AIHREA and one new way we are doing this is through social media. Over the last few months, AIHREA has been working to reinvigorate its social media presence. Social media allows us to interact with our community on an almost constant basis and allows us to communicate with our followers about issues in American Indian communities as they happen. We are currently using three social networks to spread information to our followers. Through our Facebook, Twitter and Instagram accounts we are able to show the activities that we are doing in the American Indian community as they happen, get feedback and generate discussion on current events, and share our work with a wider national and international audience.

One thing you can expect to see on our Twitter page, specifically, is our #NDNReasonsToLive campaign to raise awareness about Native suicide. We have been using this hashtag to post pictures of our community members at various events throughout the year where we ask them to share their reasons to live. Other types of content followers can expect to see on our social media include important events in American Indian history, the Indian mascot debate, health topics related to the Native community, updates about our various activities and other current events.

We would also like to know what you would like to see on our social media accounts. What content would keep you coming back and remaining engaged with us on social media? We would like you to let us know! Contact us through social media and let us know!



# All Nations Snuff Out Smokeless

American Indians have some of the highest rates of chewing tobacco use in the US. With variation by region and tribe, American Indians from the Northern and Southern Plains have even higher rates of chewing tobacco use, reaching as high as 25% among some tribes. Recent increases in smokeless tobacco use have led to increases in smokeless tobacco-related cancers, including oral, esophageal, and pancreatic.

Presently, there is no known quit chewing tobacco program developed and tested specifically for American Indians. We are currently in the process of developing a quit chewing tobacco program specifically for American Indians. This new program will be based off our successful quit smoking program, All Nations Breath of Life and will respect the traditional use of tobacco while helping chewing tobacco users quit. The All Nations Snuff Out Smokeless (SOS) quit chewing program will incorporate group sessions, telephone counseling sessions, and a culturally specific educational curriculum to make up the program.

If you are interested in being a participant in the All Nations Snuff Out Smokeless program, would be interested in having a program like this in your area, or would like additional information feel free to contact: Charley Lewis at [clewis4@kumc.edu](mailto:clewis4@kumc.edu) or (913) 945-7821.



## Would you like to participate in our service programs?

**Healthy Homes:** Would you like to know if there is anything in your home that can harm you? As a service to the Native community, we provide FREE Healthy Homes inspections. We will send our trained staff to your home to show you things that may be harmful and what you can do to correct any problems. If we find major problems, we can help you get into programs that will correct the problems at low or no cost.

**If you are interested, please contact Joe Pacheco at [jpacheco@kumc.edu](mailto:jpacheco@kumc.edu) or 913-945-7813.**

**Traveling Screening Clinic:** Would you like us to provide health screenings or tests at your event? Since 2007, we have provided thousands of free tests for several highly preventable or treatable conditions. We travel to events at your invitation and we offer a range of health screenings specifically designed to address the health needs of the American Indian community. Some of the tests we provide include diabetes screenings (blood sugar and Hemoglobin A1C), foot checks for diabetics, fitness assessments (body mass index, body composition, etc.), heart health assessments (cholesterol, blood pressure, etc.), lung health, child and young adult physicals, screening for Alzheimer's Disease, and more! We also bring physicians with us to answer any questions you may have. We are always looking for new screenings to offer. Suggestions are very welcome! **To schedule a screening event, please contact Jason Hale at [jhale@kumc.edu](mailto:jhale@kumc.edu) or 913-945-7822.**



*To partner and collaborate with American Indian peoples, nations, communities, and organizations to improve the physical, mental, emotional, and spiritual well-being of American Indians throughout the U.S. through quality participatory research and educational programs.*

**Please check our website for Upcoming Events: [www.aihrea.org](http://www.aihrea.org)**